



Confidential, free, expert assistance to help you make better informed healthcare decisions.

WE'RE HERE TO HELP:

- Answer your health insurance and healthcare questions
- Explain your coverage in plain language
- Help you find, choose, and schedule quality care
- Provide cost estimates
- Address billing, benefit, or claim concerns
- Save hours of your time

866-486-8242 • assist@touchcare.com

Connect to an Expert Health Assistant from 8 a.m. to 9 p.m. Monday through Friday (EST).

Learn more at touchcare.com or through the app.



Inhale. We've got this. Exhale

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